## REMOTE WORK AND WORKING ALONE CHECKLIST

Remote work (or isolated work) and working alone is work that is isolated from the assistance of other people because of the location, time or nature of the work.

Name		Position:		Date:	
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Risk Assessment	Yes	No	N/A	Actions Required / Comments	
Has a risk assessment been undertaken to assess issues such as fatigue, hygiene, task duration, weather, food, water and the nature of the work etc?					
Have all identified hazards and risks been eliminated or adequately controlled?					
Information, instruction and training	Yes	No	N/A	Actions Required / Comments	



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