SAFETY PROCEDURE

SAFETY MANAGEMENT PROCEDURE FOR FATIGUE MANAGEMENT

Insert Your Company Logo

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1. APPROVAL

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2. PURPOSE

The purpose of this procedure is to provide clear guidelines and management principles to minimize fatigue-related risks in the workplace and:

- Clearly define individual responsibilities in maintaining personal fitness for work.
- Outline a general standard for hours of work.
- Provide guidelines for identifying and managing fatigue-related risk in the workplace.

3. SCOPE

The management of fatigue applies to all worker and personnel working a Insert Your Company workpla also also address, contractors and associated personnel working a three still engagements of the still engagement of fatigue applies to all worker and also also also are still engagement.

4. TERMS AND DEFINITIONS

Term			
Fatigue	Wec 355 rimar a by prolonged wakefulness or ins 35 on alor a sleep.		
Rest is any finuou of time of at least 15 minutes g.			
Shift sti nour cormally worked in one day.			
JIKE.	of contractor or sub-contractor, an employee of contractor or sub-contractor, an employee of a labour hire any who has been assigned to work, an applicate or trainee or a student gaining work experience.		

5. P NSIBILITIES

Man sible for:

- En Jurces are in place to effectively manage fatigue.
- Ensure that all the provisions of this procedure are considered and that compliance is achieved.
- Providing a shift system that ensures sufficient opportunity for rest and recovery.
- Applying a risk management approach in consultation with personnel.
- Consulting with personnel when introducing shift work or new rostering systems.
- Monitoring rosters and shift schedules to enable the effective management of fatigue.
- Providing information and instruction about risks to health, safety or welfare of personnel involved with shift work, extended hours and on-call arrangements.

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